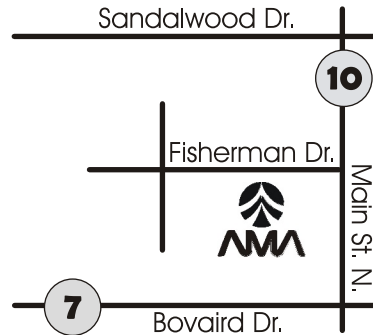


**North Dojo**  
**13 Fisherman Dr.**

**905.450.9927**

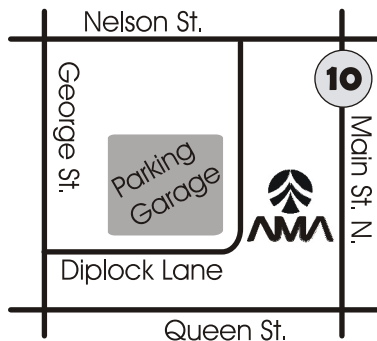
- Tuesday  
9:30-10:15am.
- Tuesday  
8:15-9:00pm.
- Wednesday  
12:00-12:45pm.
- Wednesday  
7:00-7:45pm.
- Friday  
9:30-10:15am.
- Friday  
8:30-9:15pm.



**905.450.9925**

**South Dojo**  
**41 Main St. N.**

- Monday  
12:00-12:45pm.
- Monday  
2:00-2:45pm.
- Monday  
6:15-7:00pm.
- Tuesday  
1:00-1:45pm.
- Wednesday  
6:45-7:45pm.
- Saturday  
8:30-9:30am.



Mastering others is strength,  
**MASTERING YOURSELF IS TRUE POWER.**

**STAND STRONG.**